



Key

- Trees
- Paths
- Start
- Finish
- Short Lap**
- Long Lap**

NUNROYD X Country

1	U/11 Boys	1 small lap	11.45am
2	U/11 Girls	1 small lap	
3	U/13 Girls	1 full lap	
4	U/13 Boys	2 small laps	
5	U/15 Girls	2 small laps	
6	U/15 Boys	2 Full laps	
7	U/17 Ladies	2 Full laps	
8	U/17 Men	1 small 2 full laps	
9	U/20 & Senior ladies	1 small 2 Full laps	1.45pm
10	U/20 &Senior Men	1 small 4 full laps	2.15pm

10 U/20 &Senior