

**West Yorkshire Cross-Country League – West Park Playing Fields Sunday 2nd November, 2014.**

**Course Map**



Small	A-C-D-E-G-H
Med	A-B-C-D-E-G-H
Large	A-B-C-D-E-F-G-H

Age Group	Route	Approx Dist	Start Time	Description
U11 Boys	1 Small Lap	1,600m	11.45	Start-A-C-D-E-G-H-Finish
U11 Girls	1 Small Lap	1,600m	11.47	Start-A-C-D-E-G-H-Finish
U13 Girls	1 Medium Lap	2,200m	12.00	Start-A-B-C-D-E-G-H-Finish
U13 Boys	2 Small Laps	3,000m	12.10	Start-A-C-D-E-G-H-A-C-D-E-G-H-Finish
U15 Girls	1 Small Lap + 1 Med Lap	3,550m	12.25	Start-A-C-D-E-G-H-A-B-C-D-E-G-H-Finish
U15 Boys	2 Medium Laps	4,100m	12.40	Start-A-B-C-D-E-G-H-A-B-C-D-E-G-H-Finish
U17 Girls	2 Medium Laps	4,100m	12.42	Start-A-B-C-D-E-G-H-A-B-C-D-E-G-H-Finish
U17 Boys	1 Medium + 1 Large Lap	4,900m	13.10	Start-A-B-C-D-E-G-H-A-B-C-D-E-F-G-H-Finish
Sen/ Jun Ladies	2 Large Laps	5,700m	13.45	Start-A-B-C-D-E-F-G-H-A-B-C-D-E-F-G-H-Finish
Sen / Jun Men	3 Large Laps	8,400m	14.15	Start-A-B-C-D-E-F-G-H-A-B-C-D-E-F-G-H-A-B-C-D-E-F-G-H-A-B-C-D-E-F-G-H-Finish