WYL Round 5 - WAKEFIELD - SUNDAY 12th JULY

Track Programme
Starting at 10:30 am

1	110mH	U18 Men	12	75mH	U14 Girls	22	200m	Jun/Sen W
2	3000m	U18 Men	13	75m	U12 Girls	23	600m	U12 Boys
3	3000m	Jun/Sen Men	14	75m	U12 Boys	24	600m	U12 Girls
4	100mH	U16 Boys	15	100m	U14 Girls	25	800m	U14 Girls
5	100mH	U18 Women	16	100m	U16 Boys	26	800m	U16 Girls
6	3000m	U18 Women	17	100m	U18 Men	27	800m	U18 Women
7	3000m	Jun/Sen W	18	100m	Jun/Sen Men	28	800m	Jun/Sen W
8	80mH	U14 Boys	19	200m	U14 Boys	29	400m	U18 Men
9	80mH	U16 Girls	20	200m	U16 Girls	30	400m	Jun/Sen Men
10	1500m	U14 Boys	21	200m	U18 Women	31	Race Walk *	
11	1500m	U16 Boys						

- It is intended to hold a Race Walk event for all age groups. This will be a development non-scoring event.

Field Programme
Starting at 10:30 am

HIGH JUMP	U12 Boys	U12 Girls	U14 Girls	U18 Men	Jun/Sen Men
LONG JUMP	U12 Girls	U14 Boys	U16 Boys		
TRIPLE JUMP	U16 Girls	U18 Women	Jun/Sen Women		
POLE VAULT	U14 Boys	U16 Boys	U18 Men	Jun/Sen Men	
SHOT	U12 Boys	U14 Boys	U16 Boys		
DISCUS	U14 Girls	U16 Girls			
HAMMER	U18 Women	Jun/Sen Women			
JAVELIN	U18 Men	Jun/Sen Men			

ORDER OF FIELD EVENTS DECLARED ON THE DAY
3 trials for U12/U14/U16 athletes, 4 trials U18/U20/Seniors

Starting heights for the High Jump and Pole Vault are at the discretion of the Field Referee

ALL ATHLETES ARE ALLOWED 3 EVENTS ONLY PER FIXTURE
IF YOU DO MORE THEN ALL POINTS SCORED AFTER THE FIRST THREE EVENTS WILL BE DEDUCTED

NB
Athletes must have received coaching before being allowed to enter the following events :-
Hurdles, High Jump, Triple Jump, Pole Vault, Hammer, Discus and Javelin.
During these events the Track or Field referee may ask athletes to withdraw if the officials on the event feel there is a safety issue.